

4th ANNUAL ARIZONA PREP THROWS QUADATHLON

WHEN: **Saturday, April 15 - 9:00 AM**

WHERE: **Paradise Valley Community College**
18401 N. 32nd Street – Phoenix 85032 (Union Hills & 32nd St.)
NOTE: See MAP – Posted on Website.



WHO: Competition limited to high school age group. Athletes must be members of his or her high school team in good standing.

SANCTIONING: Arizona Prep Multi-Events is a USAT&F sanctioned competition and governed by USAT&F rules. Athletes will adhere to the AIA rules for unattached competition (Article 14.5.1) **NO SCHOOL UNIFORMS.**

Entry Deadline:
Monday – April 7
NO Entry Form accepted
Without \$25 ENTRY FEE
(Checks to: Arizona Multi-Events)

RETURN TO:
Arizona Prep Multi-Events
3610 W. Sahuaro Dr.
Phoenix, AZ 85029
covolz@cox.net

ENTRY INFORMATION: Athletes must have a mark in the shot put and discus in a HS meet.
HAMMER - JAVELIN CLINICS:

Call Information on DATES – LOCATION

For Hammer / Javelin Clinics
Shawn Hanrahan (480) 206-4434

MEET ENTRY FEE: \$25 will cover the sanctioning / liability insurance requirements under USAT&F.

CONTACT FOR INFORMATION: Shawn Hanrahan (480) 206-4434

WEB SITE: Arizona Multi-Events: www.eteamz.com/multi-events

SATURDAY, April 15 - Paradise Valley CC

Girls Throws Quadathlon

8:00 AM Javelin (Instruction / Practice)
9:00 Javelin (Competition)
10:00 Hammer (Instruction / Practice)
11:00 Hammer (Competition)
12:00 Discus
1:00 Shot Put
2:15 Awards:

Boys Throws Quadathlon

8:00AM Hammer (Instruction / Practice)
9:00 Hammer (Competition)
10:00 Javelin (Instruction / Practice)
11:00 Javelin (Competition)
12:00 Shot Put
1:00 Discus
2:15 Awards

NOTE: Hammers and Javelins will be available at the meet site.