



Arizona Interscholastic Association, Inc.

2006 AIA State Cross Country

TOURNAMENT GUIDE

Schedule, Rules, Regulations, Instructions

AIA State Tournament Coordinator

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Member Schools Participating in Cross Country

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1A/2A Conference

Metro-West

Arizona Lutheran
Baboquivari
Canyon State Academy
Horizon Honors
Maricopa
Phoenix Country Day
Precision
Scottsdale Christian
Surrey Garden
Tempe Prep
Valley Christian
Yuma Catholic

North

Cibecue
Many Farms
Northland Prep.
Pinon
Red Mesa
Rock Point
Rough Rock
Shonto Prep
St. Michaels
The Orme School
Valley (Sanders)

South

Academy of Tucson
Benson
Bisbee
Pusch Ridge Christian
San Carlos
San Manuel
St. Gregory
St. Augustine Catholic
Thatcher
Tombstone
Tohono O'Odham
Wilcox

3A Conference

East

Alchesay
Blue Ridge
Holbrook
Payson
Round Valley
Show Low
Snowflake

North

Chinle
Ganado
Greyhills
Hopi
Monument Valley
Tuba City
Window Rock
Winslow

South

Coolidge
Empire
Florence
Globe
Safford
Sahuarita
Santa Cruz
Seton Catholic

West

Chino Valley
Estrella Foothills
Fountain Hills
Parker
River Valley
Sedona Red Rock
Wickenburg



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4A Conference

Division I

Desert Sky

Chaparral
McClintock
Pinnacle
Saguaro
Thunderbird

Kino

Amphitheater
Catalina
Catalina Foothills
Cienega
Nogales
Sahuaro

Sonoran

Canyon del Oro
Ironwood Ridge
Marana
Pueblo
Rincon
Sabino

Wells Fargo #1

Apollo
Cactus
Greenway
Independence
Moon Valley
Prescott

West Valley

Agua Fria
Copper Canyon
Raymond Kellis
Lake Havasu
Millennium
Willow Canyon

4A Conference

Division II

East Sky

Apache Junction
Arcadia
Coronado
Higley
Queen Creek
Tempe

Gila

Cholla
Desert View
Douglas
Palo Verde
Rio Rico
Santa Rita

Grand Canyon

Coconino
Flagstaff
Mingus
Page
Sinagua

Skyline

Buckeye
Cortez
Desert Edge
Dysart
Glendale
Mohave

Wells Fargo #2

Bradshaw Mtn.
Cactus Shadows
Notre Dame
Sunnyslope
Washington

5A Conference

Central

#Basha
#Corona del Sol
#Desert Vista
Marcos de Niza
#Mountain Pointe

Desert Valley

#Brophy
Desert Mountain
#Horizon
Paradise Valley
Shadow Mountain
#Saint Mary's
#Xavier

Desert West

Centennial
Ironwood
La Joya
#Maryvale
Peoria
Sunrise Mountain
Tolleson
Westview

East Valley

#Dobson
#Mesa
#Mt. View (Mesa)
#Red Mountain
Skyline
#Westwood

Fiesta

#Chandler
Desert Ridge
#Gilbert
#Hamilton
#Highland
#Mesquite

5A Conference

(continued)

Gila Valley

#Casa Grande
#Cibola
Kofa
San Luis
#Yuma

Metro

#Alhambra
Camelback
Carl Hayden
Central
#Cesar Chavez
North
South Mountain

Northwest

Barry Goldwater
Boulder Creek
Deer Valley
Kingman
#Mountain Ridge
North Canyon
Sandra D. O'Conner
#Trevor Browne

Southern

#Buena
Flowing Wells
Mt. View (Marana)
#Salpointe Catholic
Sunnyside
#Tucson

#Division I School



Member Schools Participating in Cross Country

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10/13/06 **Deadline for Team Photos and Rosters**

Submit Rosters via email to: programs@kukulskibrothers.net

Submit to: Kukulski Brothers, 2211 W. 1st Street, Suite 107, Tempe, AZ 85281; Phone: (480) 921-1975

Site: **Cave Creek Golf Course;** 15202 N. 19th Avenue; Phoenix, AZ 85023; 602-866-8076

Course Distance: 3.1 miles

November 4, 2006

Morning Session

8:00 a.m. Walk Through
9:25 a.m. National Anthem
9:30 a.m. 4A Division II Boys
9:45 a.m. 4A Division I Girls
10:05 a.m. 3A Boys
10:20 a.m. 4A Division II Girls
10:40 a.m. 4A Division I Boys
10:55 a.m. 3A Girls

Afternoon Session

12:30 p.m. Walk Through
1:55 p.m. National Anthem
2:00 p.m. 5A Division I Boys
2:15 p.m. 5A Division II Girls
2:35 p.m. 1A/2A Boys
2:50 p.m. 5A Division I Girls
3:10 p.m. 5A Division II Boys
3:25 p.m. 1A/2A Girls

Coaches Meeting: November 3, 2006; Thunderbird High School Auditorium; 7 p.m.

**Coaches unable to attend can pick-up their packet of information Saturday morning*

Awards will follow **official** race results.

Note: Course will not be open for walk-through until Saturday, November 4, 2006.

COURSE is CLOSED for PRACTICE



RULES

Rules are those of the current edition of the National Federation Track and Field/ Cross Country Rules and Records, AIA Constitution and Bylaws and these tournament instructions.

GENERAL INSTRUCTIONS

- Tournament Starter & Referee prior to meet will draw Lanes.
- A trainer will be on site; however, whenever possible you should bring your own.
- If a participant requires medical attention, the parent/guardian/coach will be notified to meet in the medical area.
- Water will be available at meet site. However it is beneficial to bring your own.
- **Remember:** Section 6 competitor's uniform Art.7 page 72 ...*Contestants shall not wear jewelry.* Penalty: (All articles) for illegal uniform, the competitor is disqualified from the event.
- Under no circumstance is a parent or coach to enter the restricted area, which includes the following areas: scoring, finish and chute. Penalty will be disqualification of competing athlete.
- Course maps will be available on AIA web site on or before October 31st and at State Meet.
- No spiked shoes permitted on Cave Creek Golf Course (Section 2 Art. 2 page 14).
- The AIA, Thunderbird, North Hills Church nor the Cave Creek Golf Course shall be responsible for lost or stolen articles.
- **Runners (schools) not returning their Champion Chip will be charged \$25.**
- Parking Lot will open for athlete drop-off @ 7:00 am. Pick-up will begin after the Awards Ceremony.

QUALIFYING INSTRUCTIONS

- **5A Schools** - Each school may enter one team consisting of at least five, but not more than seven, runners. Schools entering fewer than five runners in the State Meet may only compete for individual medals. The 5A qualifying standards are found in the 5A Conference Handbook.
- **4A Schools** - Each region is to hold qualifying meets in which the top three teams and the top 10 individuals will go to the State Meet (Qualifying team members are included in top 10).
 - The 4A Regional Tournament Directors must report qualifying teams and individuals immediately following the region meet. Format of notification will be distributed at the regional meets.
- **3A Schools** - Each region is to hold qualifying meets in which the top four teams and the top 15 individuals will go the State Meet (Qualifying team members are included in top 15).
 - The 3A Regional Tournament Directors must report qualifying teams and individuals immediately following the region meet. Format of notification will be distributed at the regional meets.
- **1A-2A Schools** – Each region is to hold qualifying meets in which the top six teams and the top 20 individuals will go to the State Meet (Qualifying team members are included in top 20).
 - The 2A Regional Tournament Directors must report qualifying teams and individuals immediately following the region meet. Format of notification will be distributed at the regional meets.



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SPECIAL INSTRUCTIONS

- All arrangements will be confirmed by Dean Visser (AIA) and Leonard Suarez (Meet Referee)
- The Cave Creek Golf Course will be **closed** and **off limits** until 7:30 am Saturday, Nov. 4, 2006, the day of the 2006 AIA State Cross Country Meet.
- Walk-through of the course will begin at approximately 7:30 a.m. on Nov., 4 2006. The first race will begin at approximately 9:00 a.m. Races and awards should be completed by 4:00 p.m.
- Teams arriving by school buses or school vans will need to be dropped off at the Team Camp Area. This is a drop off only! After the vehicle is unloaded the driver must circle the parking lot from east to west and exit the parking lot. Coaches and drivers will be shuttled back to Cave Creek Golf Course. If a driver wishes to stay until the State Meet is completed, they can wait until the team and coaches are ready for pickup at the back of the parking lot. Shuttles will go to and from Cave Creek Golf Course to allow drivers an opportunity to watch the races.
- Teams and fans are asked to assist the Cave Creek Golf Course personnel by policing the area at conclusion of meet.

2006 ADMISSION PRICE

State Meet: \$5.00

Wrist bands can be purchased at the North Hills Church and Thunderbird High School parking lots. Buses will provide transportation to and from the Cave Creek Golf Course parking lot. Walk-ups can pay for wrist bands at the meet entrance.

FREE ADMISSION

Children five or under

All tournament workers

Media with proper credentials

AIA Lifetime Pass Holder and One Guest

AIA Complimentary Pass and One Guest

Photo ID required for AIA Pass Holder and all AIA Complimentary Passes

TROPHIES

Awards will be as noted in the AIA Constitution and Bylaws. Winning teams and runner-ups will receive team trophies. Individual medals will be awarded to the top 28 places.

GAMES COMMITTEE

Dean Visser

Leonard Suarez

Dan Reynolds

Sid Bailey

AIA

Referee

Starter

Finish Line



PROGRAMS AND SOUVENIRS

Deadline to submit team photos/rosters: Friday, October 13, 2006

Kukulski Brothers is the official supplier for AIA Programs and Souvenirs. *Sale or distribution of AIA State Tournament related game programs, t-shirts or any other souvenirs by any individual or company other than the Kukulski Brothers at any AIA State Tournament playoff site or game is prohibited.*

Playoff programs, t-shirts, caps, etc. will be available at as many sites as possible.

Parents, spectators and participants want to see their school team picture and names included in the souvenir program. Please make every effort to meet the following deadlines.

Please call David Kukulski or Dan Kukulski at (480) 921-1975 if you have any questions regarding AIA Team Pictures, Team Rosters, Programs, Souvenirs or Digital Photography.

CITY OF PHOENIX – CAVE CREEK GOLF COURSE

The City of Phoenix Parks and Recreation is our partner for the 2006 AIA State Cross Country Meet. The City of Phoenix Parks and Recreation department has graciously provided this facility and course, that most of the membership has requested. Most notably a golf course that is challenging and used only for the purpose of our cross country event. For the purest, we hope to establish a course for you to compare your runners against other conferences as well as provide comparison records from year to year.

PARKING/DIRECTIONS

From the South: Go north on I-17 and exit on Thunderbird Rd. Go east on Thunderbird past 19th Avenue and make a left at the next light into the Thunderbird High School parking-lot.

From the North: Go south on I-17 and exit on Greenway. Go east on Greenway to 19th Ave. Go south on 19th Avenue to North Hills Church southern entrance (second entrance) turning left into the parking-lot.

TO ALL CROSS COUNTRY COACHES

REGION TOURNAMENT DIRECTORS

Notify **Scott Kerr** of the regional tournament winners immediately after Region Tournament via email at scott.kerr@dysart.org.



Registration and Entry
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All athletes running at the State Meet *must be* entered with **Direct Athletics**. Changes can be made prior to race time (no later than 8:00 am for 3A and 4A and no later than 11:00 am for 1A/2A and 5A).

Each runner will receive two Champion Chips one for each foot. Logon and follow directions at www.directathletics.com.

DEADLINES FOR REGISTRATION

1A-2A BY – MONDAY 4:00 PM, OCTOBER 30, 2006

3A BY – MONDAY 4:00 PM, OCTOBER 30, 2006

4A BY – MONDAY 4:00 PM, OCTOBER 30, 2006

5A BY -- MONDAY 4:00 PM, OCTOBER 23, 2006

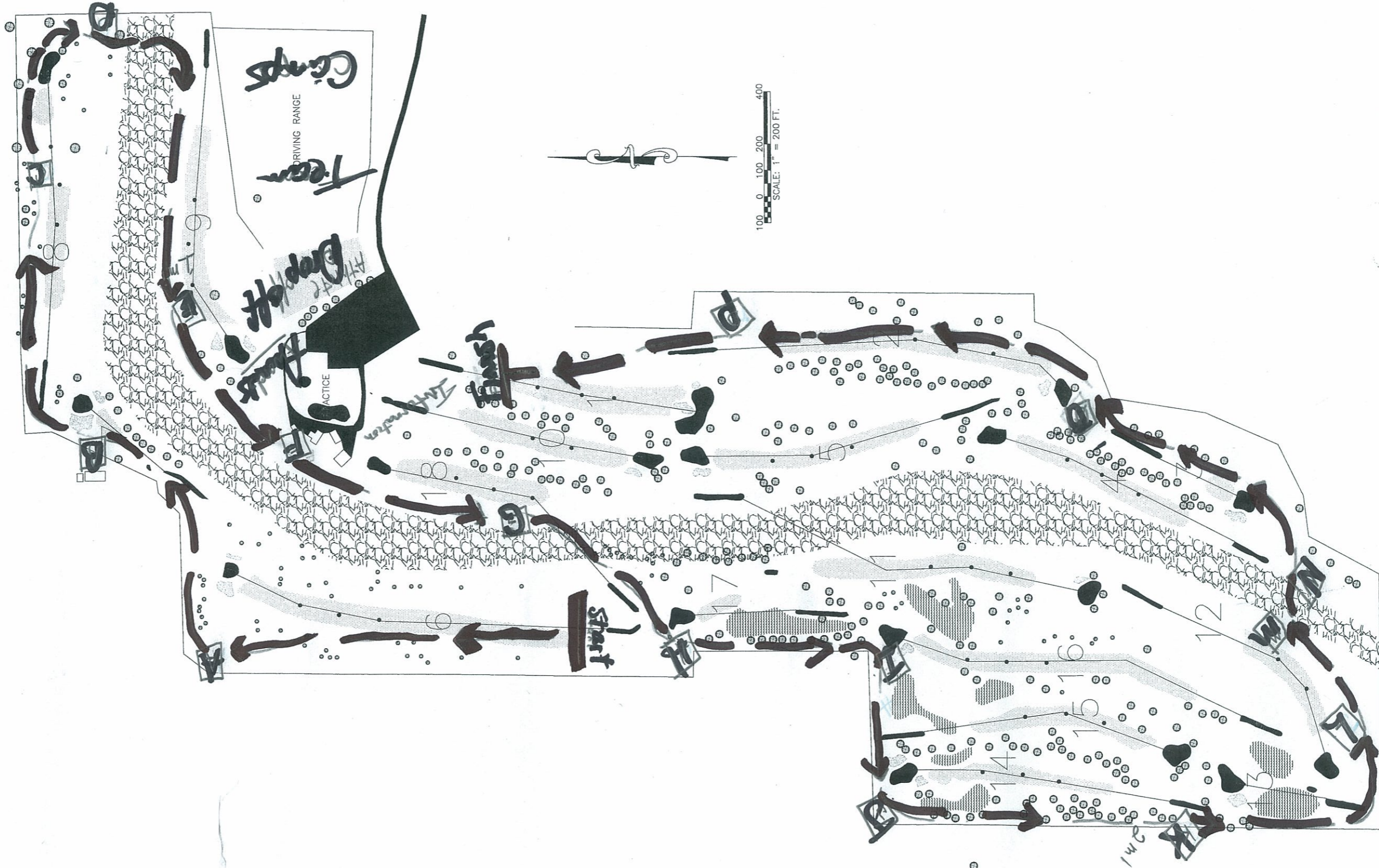
NEW THIS YEAR

- Friday evening coaches meeting
- Chip timing for ALL races
- Online registration (Direct Athletics)
- One finish line
- Minor change of course



GREENWAY ROAD

19th AVENUE



THUNDERBIRD ROAD