

**The Running Shop and Sabino High School
Present
First annual Southern Arizona Distance Track Classic
Friday April 13th 2006**

What: A night of distance races

Where:

Sabino High School.
Sabino has a new 10 lane Mondo track.
This is one of the fastest track surfaces made today.

When:

Friday, April 13th 2007
Races will start at 5:00PM and run until the meet concludes.
Coaches Meeting is at 4:00PM

Awards:

The top 4 male and female finishers in each event will receive medals and medalist T-Shirt.
There will not be a team score, this is a *nonscoreing* meet.
Free T-Shirt for every athlete entered.

Miscellaneous:

This will be a state meet qualifier.
Please ¼ inch spikes max and no pin spikes.
We will try to keep heats at 20 competitors max.

Entries:

\$75.00 for each team, \$100.00 for both boys and girl's teams.
Enter 3 athletes per event and 1 team in each relay.
The Open 5K is a \$3.00 entry (gate) fee per athlete.
Please Fax entries to (520) 584-7701 c/o Bill Taylor by April 4th.

Open 5K – "Kristen Yoder 5K Memorial Run" This race is not for high school team competitors. It is open to the public. (Coaches, parents, etc) This race will close at 30 competitors. Men and women will race together. It should give the high school athletes a small break between the 1600 and 800. There will be four medals for this race. The race is free to enter however you must pay \$3.00 at the gate.

Order of Events: 5:00 PM 4x800 m. relay
 1600 m. run
 OPEN 5K – this race is not for H.S teams.
 800 m. run
 3200 m. run
 4x400 m. relay

All events are boys followed by girls.