

## Note to 5A Cross Country Coaches:

Recently, you should have received the following amended proposal for establishing a qualifying procedure for the 5A State CC Championships. A ballot should have been attached. If you did not receive the proposal or did not get a ballot, please contact me at [don.tate@dvusd.org](mailto:don.tate@dvusd.org). Please note also that you are not voting on the placement of teams in each Super Regional. The alignments were provided as one option for the qualifying procedure. The placement of teams will take place later after many options have been discussed. Please return your ballots by Friday, Feb. 6, 2009. They must be on the AIA's calendar for their meeting in March if we want to implement this for next Cross Country season.

### 5A State Cross Country Meet Proposal (starting in 2009)

#### Option I

1. Conduct Region Meets to determine a Region Champion (3<sup>rd</sup> to the last meet of the season; would be for conference "bragging rights" only)
2. Conduct 2 Super Region (SR) Qualifying Meets the week before the State Meet (16 teams in one Super Regional, 15 teams in the other for 5A1; 16 teams in each 5A2 Super Region)
3. Eight teams qualify for State from each SR
4. No SR Team Awards given (qualifying meet only); medals awarded to top 20 finishers
5. Top 20 individuals qualify for the State Meet

#### Option II

1. Maintain Region Meet format as it currently exists
2. All teams qualify for State
3. Team Award given to the top team; medals awarded to top 10 finishers
4. Top 20 individuals qualify for the State Meet

#### Rationale:

The advantages for Option I are:

1. Every Conference except the 5A has a qualifying process to get to the State Meet. This will bring 5A in line with all other conferences.
2. Better competition! This will generate more interest for the athletes and coaches.
3. Super Region qualifying will create a more manageable state meet as end times in the finish chute will be reduced
4. Athletes qualifying for State will have the satisfaction of having qualified for the meet.
5. Coaches will not have to register their teams/athletes for the meet. Meet results from the SRs will automatically be forwarded to the AIA.