

# 20<sup>th</sup> ANNUAL ARIZONA PREP DECATHLON & HEPTATHLON



**WHEN: Friday - April 10 2:00 PM**  
**Saturday - April 11 – 2:00 PM, 2009**

**WHERE Boulder Creek High School**

**40404 N. Gavilan Peak Parkway – Anthem 85086**

Off of I-17 North / Daisy Mtn, Road and Gavilan Peak Parkway. NOTE: See MAP – Posted on Website.

**WHO:** Competition limited to high school age group. Athletes must be members of his or her high school team in good standing.

**SANCTIONING:** Arizona Prep Multi-Events is a USAT&F sanctioned competition and governed by USAT&F rules.

Athletes will adhere to the AIA rules for unattached competition (Article 14.5.1) NO SCHOOL UNIFORMS.

**MULTI MEET DOES NOT count as a meet in the HS Track Season: AZ Prep Multi—**  
Events is governed by rules of USATF competition – SEE Sanctioning (Article 14.5.1)

**ENTRY INFORMATION:** Participants will be invitation based on 1 of 2 levels:  
- Invitation based on past multi-event meet point total  
- Invitation based current season times/marks:  
(Decathlon – 4 events) (Heptathlon – 3 events).

**MEET ENTRY FEE:** \$25 will cover the sanctioning / liability insurance requirements under USAT&F.

Entry <u>Deadline:</u> Monday, April 6 \$25 ENTRY FEE (Checks to: Arizona Multi-Events)	RETURN TO: Arizona Multi-Events 3610 W. Sahuaro Dr. Phoenix, AZ 85029 E-Mail: covolz@cox.net
--	---

Tuesday, April 7 - Invited Athletes posted on web site !!  
WEB SITE: Arizona Multi-Events: <http://www.azmulti-events.com/>

**CONTACT FOR INFORMATION:** Clyde Volz [covolz@cox.net](mailto:covolz@cox.net)

## SCHEDULE

FRIDAY, April 10			SATURDAY, April 11		
<b>Decathlon 2:00</b>	<b>Girl's Decathlon 2:15</b>	<b>Heptathlon 2:30</b>	<b>Decathlon 2:00</b>	<b>Girl's Decathlon 2:15</b>	<b>Heptathlon 2:30</b>
100 M. Dash	100 M. Dash	100 M. Hurdles	110 M. Hurdles	100 M. Hurdles	Long Jump
Long Jump	Discus	High Jump	* Discus	Long Jump	Javelin
* Shot Put (HS)	Pole Vault	Shot Put	Pole Vault	Shot Put	800 M. Run
High Jump	Javelin	200 M. Dash	Javelin	High Jump	
400 M. Dash	400 M. Dash		1500 M. Run	1500 M. Run	
(* High school implements and hurdles)			(* High school implements and hurdles)		