

34th ARIZONA STATE DECATHLON & HEPTATHLON CHAMPIONSHIP



WHEN: Thursday - May 21 – 5:00 PM
Friday - May 22 – 5:00 PM.

2009

WHERE **Boulder Creek High School**
40404 N. Gavilan Peak Parkway – Anthem 85086

Off of I-17 North / Daisy Mtn, Road and Gavilan Peak Parkway. NOTE: See MAP – AIA website.

WHO: Competition limited to high school age group. Athletes must be members of his or her high school team in good standing.

SANCTIONING: Arizona State Decathlon / Heptathlon Championships is an AIA Sanctioned Meet – Article 29.7.3, and governed by National Federation Rules (RULE 8-1-Art. 1 and 2). USAT&F sanctioned. School Uniforms are Allowed (AIA Sanctioned Meet)

ENTRY INFORMATION: Participants will be invitation based on 1 of 2 levels:

- Invitation based on past multi-event meet point to
- Invitation based current season times/marks:

Decathlon – 3 events (1 track; 1 throw; 1 jump) / Heptathlon – 3 events (1 track; 1 throw; 1 jump)

Girls Decathlon - 3 events (1 track; 1 throw; 1 jump PLUS 2 of 3 events (Discus; Pole Vault; 400 dash)

MEET ENTRY FEE: \$25 to cover the sanctioning / liability insurance under USAT&F, site rental, trainers, officials, FAT timing

Entry Deadline:

Monday - May 18

Invited athletes posted on web site –

Tuesday – May 19

FORWARD ENTRY FORM TO:

MAIL: Arizona Multi-Events E-MAIL Send Entry Form
3610 W. Sahuaro Dr Information as an Attachment
Phoenix, AZ 85029 OR in an E-Mail Text Box

CHECKS: Arizona Multi-Events covolz@cox.net

CONTACT FOR INFORMATION: : Clyde Volz covolz@cox.net

WEB SITE: Arizona Multi-Events: <http://www.azmulti-events.com/>

SCHEDULE

THURSDAY, May 21

<u>Decathlon</u> 5:00	<u>Girl's Decathlon</u> 5:15	<u>Heptathlon</u> 5:30
100 M. Dash	100 M. Dash	100 M. Hurdles
Long Jump	Discus	High Jump
* Shot Put (HS)	Pole Vault	Shot Put
High Jump	Javelin	200 M. Dash
400 M. Dash	400 M. Dash	

(* High school implements and hurdles)

SATURDAY, May 22

<u>Decathlon</u> 5:00	<u>Girl's Decathlon</u> 5:15	<u>Heptathlon</u> 5:30
110 M. Hurdles	100 M. Hurdles	Long Jump
* Discus	Long Jump	Javelin
Pole Vault	Shot Put	800 M. Run
Javelin	High Jump	
1500 M. Run	1500 M. Run	

(* High school implements and hurdles)

Based on the number of competitors the athletes may be placed in Group A and B.

Boulder Creek HS has 2 venues for the Discus - Shot Put – High Jump – Long Jump – Pole Vault - Javelin