



Arizona Interscholastic Association, Inc.

MEET INFORMATION PACKET

**2009-2010
3A North Region Meet
Saturday May 8, 2010
Monument Valley High School
Kayenta, Arizona**

***Monument Valley High School
Office of the Athletic Director***

PO Box 337~ HWY 163

Kayenta, AZ 86033

TEL: 928-697-2172 FAX: 928-697-2170

Lat/Lon: 36.73°N 110.26°W Elevation: 5668 ft

21 miles south of the UT state line, 70 miles west of the NM state line

Enclosed you will find the meet information for the 3A North Region Track & Field Championships.

NOTE: The schedule of events was formulated to closely reflect the state meet order of events.

If you have any comments, questions, or concerns—please don't hesitate to contact us.

Jacob Holiday

Jacob Holiday
MVHS Athletic Director
928-697-2172 (Athletics Office)
jbholiday@kayenta.k12.az.us

Ollie Whaley

Ollie Whaley
MVHS Head Coach—Track & Field
928-697-2187 (Weight Room)
owhaley@kayenta.k12.az.us

Greg Wayne

Greg Wayne
Meet Director
928-697-2181 (Alt. School)
gwayne@kayenta.k12.az.us

COMPETING TEAMS:

Chinle, Ganado, Holbrook, Winslow, Window Rock, Tuba City, and Monument Valley

ONLINE ENTRIES (NFHS rule 3-2-2)

All entries are due online at www.directathletics.com no later than 8:00 pm DST Wednesday May 5. Teams may make changes on Saturday, but no adds.

NOTE: The start list will be e-mailed out Thursday afternoon. This is the start list to make changes to.

CHANGES IN THE FIELD EVENTS: Report to the head judge no later than report call. Clearly indicate to the judge the name of the scratched athlete, and the name of the athlete replacing the scratched athlete.

CHANGES IN INDIVIDUAL TRACK EVENTS: Report to the clerk of the course (bullpen) and clearly indicate to the clerk the name of the scratched athlete, and the name of the athlete replacing the scratched athlete.

RELAYS: The clerk of the course has a roster of all of the teams competing. The athletes need to report in and list the four athletes running that particular relay.

ENTRY STIPULATIONS:

INDIVIDUAL ENTRIES

(AIA bylaws 29.1.4.2) Each event shall be limited to four (4) entries per school.

RELAY ENTRIES

(NFHS 4-2-4d) Each team may have one (1) relay entry per event.

(NFHS 4-2-2) Each athlete may be entered in four (4) individual events.

(NFHS 4-2-1) Each athlete may compete in four (4) events, including relays.

(NFHS 4-1-2) Athletes may scratch an individual event to compete in a relay.

ADMISSION (NFHS rule 3-2-2):

General Public Admission: \$5

Athletes in uniform, coaches, bus drivers, meet officials, managers, and trainers shall be admitted free.

AIA passes will be honored per the AIA bylaws.

AWARDS (AIA bylaws 29.8.3.2.2) :

Per 3A North Region Constitution and Bylaws.

SCORING (NFHS Rule 2-2)

10-8-6-4-2-1 (six places)

SANCTION (AIA Bylaws 11.4.3):

The meet has been sanctioned by, and is under the authority of, the Arizona Interscholastic Association, Inc.

RULES (AIA bylaws 29.1.1)

Official rules for the meet shall be those published in the current edition of the NFHS rules book, case book, and officials' manual.

STATE MEET QUALIFICATION:

The top four (4) in each event qualify for state.

NOTE: If an athlete (or relay team) that qualifies for state will not participate at state in that particular event—that school's coach needs to notify the coach of the 5th place finisher no later than Monday (12:00 noon). Do not just leave a message. Make sure you actually speak to a coach or a member of the athletic department.

CONTACT NUMBERS:

Chinle:	928-674-9529 or 9881
Ganado:	928-755-1550
Holbrook:	928-524-2815
Monument Valley:	928-697-2187
Tuba City:	928-283-1128
Window Rock:	928-729-7013
Winslow:	928-288-8103

WEATHER (NFHS rule 3-2-5&6)

If it appears likely that we will have to postpone the meet, we will try to call all the schools by Friday. Once we start the meet, we will do everything possible to finish the meet.

If the weather appears “iffy” then don't hesitate to call the meet director:

Greg Wayne
(H) 928-697-8572
(Cell) 928-429-1680

REPORTING TO EVENTS (NFHS rule 3-7 & 3-10):

(NFHS rule 4-1-2) Contestants officially become competitors for that event when they report to the clerk of the course or field-event judge for an event in which they are entered.

TRACK EVENTS: All athletes competing in track events, including relays, must report to the clerk of the course (the bullpen will be near the start of the 100m dash) one event prior to get hip numbers, pull tags, lane assignments, and final instructions.

RELAYS: relay cards will be in each team's packet.

FIELD EVENTS: All athletes competing in field events must report to the head judge for that specific event. Please note that pole vault athletes must weigh-in and have their poles inspected; throwers must have their implements weighed-ins, and there are open pit timeframes for the horizontal jumps.

(NFHS 4-1-1) Before an athlete can be substituted in for another athlete, the athlete must be officially on the team's roster. To do that, coaches must add any new athletes at the coaches meeting.

(NFHS 3-2-2) to have athletes sub in, they need to report to the field event judge or the clerk of the course and clearly state who they are subbing in for.

SHOT PUT AND DISCUS (NFHS rule 3-2-2L)

Weigh-ins will begin at 12:00 noon (site TBA). Implements not making weight shall be impounded until the end of the meet.

Prelims—Flights will be established by the head judge for the event.

Finals—the top eight (8) throwers shall advance to the finals.

LONG JUMP AND TRIPLE JUMP (NFHS rule 3-2-2L)

PRELIMS & FINALS: Open Pit (90 minutes for LJ, 1 hour for TJ)

NOTE: The top 28 advance to the finals—thus, any athlete having a successful attempt in the prelims (first three jumps) may continue into the finals.

All attempts must be made prior to the termination of the “open pit.”

HIGH JUMP (NFHS rule 3-2-2j)

Girls Progression: 3-08, 4-00, 4-04, 4-06, 4-08, 4-10, 5-00 (one inch after 5-00)

Boys Progression: 4-08, 5-00, 5-04, 5-06, 5-08, 5-10, 6-00 (one inch after 6-00)

POLE VAULT (NFHS rule 3-2-2j)

Weigh-ins and pole inspection will take place prior to the start of the event.

Progression: 5-00, 6-00, 7-00, 8-00, (six inches after 8-00, three inches after 9-00)

100, HIGH HURDLES & 200 (NFHS rule 3-2-2j)

PRELIMS: Heats will be set-up as necessary.

FINALS: Heat winners plus the next best time shall advance (8 shall advance).

300 Hurdles, 400 (NFHS rule 3-2-2j)

Heats will be drawn up based on submitted marks. The last heat will have the fastest entries. These events are “timed finals.”

800, 1600, 3200 (NFHS rule 3-2-2j)

Heats will be drawn up as needed. Double-waterfall start shall be used. Runners shall wear pull tags (stickers) and will need to be collected by the head finish judge when finishing.

RELAYS (NFHS rule 3-2-2j)

All four (4) athletes need to report in and have their names submitted to the clerk of the course at the bullpen.

HEAT AND FLIGHT SHEETS (NFHS rule 3-2-2)

Initial heat and flight sheets will be e-mailed to each school on Friday. This is the document you should use to formulate your changes from on Saturday.

RESULTS (NFHS rule 3-13)

Complete results will be ready approximately 10 minutes after the completion of the last event.

TIMING (NFHS rule 3-8-7, 8, & 9)

Lynx and video timing shall be used (both are FAT).

WIND READINGS (NFHS rule 3-17)

Wind readings shall be recorded for the 100, 200, High Hurdles, Long Jump and Triple Jump.

INFIELD (NFHS rule 3-2-4g)

No camps on the infield. The infield shall be limited to athletes warming up for their events. Tents may be set-up in the top rows of the bleachers.

SPIKES

¼ inch or less.

RESPONSIBILITY FOR LOST ARTICLES (AIA bylaws 14.14)

Neither the host school, nor the AIA, shall be responsible for lost or stolen articles.

MEDICAL CARE (AIA bylaws 14.15)

A trainer, or first-responder, is scheduled to be on duty throughout the meet. If needed, there is a PHS/IHS emergency room and clinic less than a mile from campus with ambulance services. In the event a student-athlete needs to be seen at the ER, the coach will need appropriate permission-to-treat forms which includes the student's tribal census number (if applicable), social security number, and insurance information. The AIA recommends that all student-athletes have insurance coverage.

DRESSING ROOMS

Will be available in the SAC gym from 10:30 – 12:30.

ELECTRONIC AND WIRELESS COMMUNICATION DEVICES (NFHS 3-2-8)

Cell phones and music devices, etc. are prohibited in all competition areas and the infield.

PROTESTS AND APPEALS

(AIA bylaws 29.8.5.1) In the event of a question or a protest during the region meet, the decision of the tournament director and/or games committee shall be final.

In general, protests are not recognized (a protest is normally a complaint pertaining to a no-call).

An appeal is normally a petition by a coach to the meet management over a disqualification or penalty. A coach may only appeal a misapplication of a rule, not a judgment call on the part of the officials.

(NFHS 3-5-2) If a coach wishes to file an official appeal, the coach needs to contact the appeals clerk and fill out an appeals form. The referee will address the matter and notify the coach of the decision. If the coach still feels that the terms and conditions of the competition or application of the rules have been misapplied or misinterpreted, a written appeal shall be made to the games committee for a final ruling.

NOTE: Under NFHS rules, any judgment call is not subject to appeal, including the decision made by the timers and finish judges. The referee has the authority to review the official Lynx pictures. As a courtesy, when convenient to do so, the referee has the authority to show the official picture to a coach.

MEET STAFFING

Site Coordinator:	Jacob Holiday (Athletic Director—Monument Valley)
Referee:	Bob Bordner (AIA official—Winslow)
Announcer:	Lucinda Nash (Monument Valley High School)
Scorer/HyTek Computer:	Falencia Atene (KUSD Natatorium)
Girls Awards Clerk:	Nicole Atene (MVHS)
Blocks & Hurdles	Sophia Parrish (MVHS)
Finish Line:	Jolene Smith (Kayenta Intermediate School)
Head Finish Judge:	Perry Francis (Monument Valley High School)
Recall Starter:	Michael Franklin (Kayenta Middle School)
Starter:	Bryan Begay (AIA Official—MVHS)
Head Umpire:	Andrew Singer (AIA Official—MVHS)
Assistant Umpire:	Robert Nash (MVHS)
Assistant Umpire:	Anderson Holiday (MVHS)
Assistant Umpire:	Todd Cashion (KUSD Natatorium)
Assistant Umpire:	Colin Wylie (KIS Athletic Coordinator)
Clerk of the Course:	George Johns (KIS)
Staging Clerk:	Nick Stupey (MVHS)
Head Timer:	Jim Crittenden (KMS)
Assistant Timers:	MVHS Girls Athletic Association
Lynx Timers:	Greg Wayne & Lisa Long
Video Timer:	Shania Gamble
Head Discus Judge:	Ollie Whaley (MVHS)
Assistant Discus Judge:	Deezbaa Whaley (BYU)
Student Workers:	MVHS Boys Basketball Club
Head Shot Put Judge:	Aneta Whaley (AIA Official)
Assistant Shot Put Judge:	Jillian Nelson (CEU-Blanding)
Student Workers:	MVHS Girls Basketball
Head LJ & TJ Judge:	Justin Pittsley (MVHS)
Student Workers:	MVHS Gamers Club
Head PV Judge:	Michael Beverly (Kayenta Middle School)
Student Workers:	MVHS National Honors Society
Head HJ Judge:	Marcus Franklin (KUSD)
Student Workers:	MVHS National Honors Society
Medical Staff:	Kenn Van Pelt (MVHS)
Blocks & Hurdles	Sophia Parrish (MVHS)
Cashiers & Ticket Takers	MVHS Athletic Staff
Custodians	MVHS Athletic Staff
Security	MVHS Athletic Staff

TIME SCHEDULE (NFHS rule 3-2-3c):

12:00 noon—Coaches Meeting

1:00 p.m.—Boys Shot Put, Girls Discus
1:00 p.m.—Boys Pole Vault, Girls High Jump
1:00 p.m.—Boys Long Jump
2:45 p.m.—Girls Triple Jump

4:00 p.m.—Girls Shot Put, Boys Discus
4:00 p.m.—Girls Pole Vault, Boys High Jump
4:00 p.m.—Girls Long Jump
5:45 p.m.—Boys Triple Jump

1:00 p.m.—Prelims: Girls High Hurdles
1:10 p.m.—Prelims: Boys 100m Dash
1:20 p.m.—Prelims: Girls 200m Dash
1:30 p.m.—Boys 4 X 800m Relay
1:45 p.m.—Girls High Hurdles
1:50 p.m.—Boys 100m Dash
1:55 p.m.—Girls 1600m Run
2:05 p.m.—Girls 4 X 100m Relay
2:10 p.m.—Boys 400m Dash
2:25 p.m.—Boys 300m Hurdles
2:40 p.m.—Girls 800m Run
2:50 p.m.—Girls 200m Dash
2:55 p.m.—Boys 3200m Run
3:10 p.m.—Girls 4 X 400m Relay

4:00 p.m.—Prelims: Boys High Hurdles
4:10 p.m.—Prelims: Girls 100m Dash
4:20 p.m.—Prelims: Boys 200m Dash
4:30 p.m.—Girls 4 X 800m Relay
4:45 p.m.—Boys High Hurdles
4:50 p.m.—Girls 100m Dash
4:55 p.m.—Boys 1600m Run
5:05 p.m.—Boys 4 X 100m Relay
5:10 p.m.—Girls 400m Dash
5:25 p.m.—Girls 300m Hurdles
5:40 p.m.—Boys 800m Run
5:50 p.m.—Boys 200m Dash
5:55 p.m.—Girls 3200m Run
6:10 p.m.—Boys 4 X 400m Relay

NOTE: All times listed are Mountain DAYLIGHT SAVINGS Time. These are estimated times only. We will start the running events for session one at 1:00 and session two at 4:00. Once we start the session, we will officially be on a rolling schedule.

OUTSIDE QUALIFICATION

If an athlete qualifies for state, please contact Greg Wayne prior to departing for home.

At this late date in the season, we want to make sure all of the athletes that have qualified are properly documented, etc.