



Round Valley High School

Home of the Elks

P.O Box 610

Springerville, Az 85938

Tel: 928-333-6800 Fax: 928-333-6819

Round Valley Invitational

Meet Information

Round Valley is Home to the States Largest Indoor High School Track Meet

Elevation: 7023 ft

Friday March 19, 2010

Coaches and AD, please read over all information prior to coaches meeting, by doing so the coaches meeting will be short & sweet.

- Scott Patton - RHVS Athletic Director / Meet Director
(928) 333-6811
spatton@elks.net
- Tom Pifer - RVHS Head Coach Track & Field
(928) 333-6861
tpifer@elks.net

Coaches must submit their entries online at www.directathletics.com deadline 12:00 noon MST Thursday March 18, 2010

Each team may enter three (3) per event, one (1) team for relay event

Coaches meeting 8:00 a.m. **Dome Concourse**

This is state qualification meet for both Arizona & New Mexico.

Entry Fee: \$300.00 (both boys and girls)

Please make checks payable to **Round Valley High School Athletics**. Any questions regarding the entry fee should be addressed to **Scott Patton @ 928-333-6811**.

Round Valley High School has commissioned the help of **Greg Wayne** from **Monument Valley High School** to supply Lynx timing and data management for the meet. Again he wants to remind all coaches that entries are due online at www.directathletics.com no later than 12:00 noon MST, Thursday March 18, 2010.

Greg Wayne – AIA Certified Official
Alternative Program Coordinator
Monument Valley High School
P.O Box 337
Kayenta, AZ 86033
Office: 928-697-2181
Home: 928-697-8572
gwayne@kayenta.k12.az.us

Tentative list of schools scheduled to compete. Any team wishing to get in needs to contact **Greg Wayne** in order to get "invited" at www.directathletics.com

Colorado

Durango, Montezuma-Cortez

New Mexico

Gallup, Miyamura, Desert-Academy, Quemado, Silver City

Arizona

Round Valley (Host), Show low, Blue Ridge, Payson, Alchesay, Winslow, Holbrook, Monument Valley, Tuba City, Chinle, Ganado, Window Rock, St. Johns, Many Farms, Red Mesa, Valley, Hopi, Greyhills, Pinon, Rock Point, Joseph City, Pima, Mogollon, St. Michael, Greenfields, Williams, Sinagua, Sedona, Globe

Weigh-ins 8:00 a.m. – 8:45 a.m. Pole Vaulters, & Discus **ONLY**, **Dome Concourse**, **Indoor shots** will be provided by host school, **do not bring your own shots**.

High Hurdles and 100 m Dash

Prelims and Finals – Top 8 times advance to Finals

200m and 400m Dash

Timed Finals in sections (only 7 lanes due to the PV Pit in lane 8 on the backstretch)

4 x 800m Relay, 800m, 1600m, and 3200m Runs

All original entries shall be placed in one (1) heat.

The head finish judge shall set-up heats based on the number of athletes that report.

The **first** section shall be the fast heat.

Double- Waterfall two-turn (200m start) stagger.

The break shall be coming off the curve at the home stretch. The fast heats shall be limited to the following numbers to ensure accurate times and finish order (and the slower heats will only be slightly larger)

4 x 800m Relay – 8 teams

800m Run – 12 athletes

1600m Run - 14 athletes

3200m Run – 16 athletes

4 x100m Relay

4 – Turn stagger --- only 7 lanes due to the PV Pit in lane 8 on the backstretch

4 X 400m Relay

2 – Turn stagger--- only 7 lanes due to the PV Pit in lane 8 on the backstretch

Long & Triple Jump

Open pit (Finals Only) --- each athletes gets 4 attempts

Shot Put & Discus

Flights will be set-up by the Head Field judge as athletes check-in. Each athlete will get three preliminary throws. The top 9 shall advance for the Finals for three more throws. The best mark of the day will be used for placement.

Again Discus weigh –ins : 8:00 a.m. – 8:45 a.m. Only

Shots will be provide (DO NOT BRING YOUR OWN)

Pole Vault

Weigh-in for all pole vault athletes shall be **8:00 a.m. - 8:45 a.m. Only**

Opening Height (Boys) 8-00

Opening Height (Girls) 6-00

High Jump

Opening Height (Boys) 5-04

Opening Height (Girls) 4-04

9:00 a.m. Both Field Events and Track Events get started.

FACILITY

The Round Valley Dome (Ensphere) has a 200m non – banked indoor polyurethane 8 – lane track.

Quarter – inch spikes (or less) or flats may be used.

The discus is outside and uses a typical concrete ring.

The long & triple jumps, as well as the Pole vault, are located inside the Dome, just east of the track.

The High jump is contested on a 3M – Tartan surface located on the infield of the track.

Electronic and Wireless Communication Devices (NFHS 3-2-8 & 4-5-8e):

Cell phones and music devices, etc., are prohibited in all completion areas and the infield. Athletes may be filmed from unrestricted areas, however, athletes may not review the film until after the meet.

Dressing Rooms:

Locker rooms will be available on the main floor, track level. Round Valley High School is not responsible for belonging and/or personal articles left in the locker rooms, stands, etc.

Training Room:

Training room is assessable on the main floor level, west end of the track.

ADDITIONAL ENTRY INSTRUCTIONS

Note: Out-of-state schools may not violate any of their own state's rules. (AIA 11.2.4.4) Out-of state- schools shall meet their own local and state eligibility rules.

New Mexico Schools: (NMAA 7.21.ID) No more than three (3) events may be 400 meters or longer which includes participation on relays.

Individual Entries:

(NFHS 4-2-4c) Each school may enter three (3) athletes per individual event.

(NFHS 4-2-2) Each athlete may be entered in four (4) individual events.

(NFHS) 4-2-1) Each athlete may compete in four (4) events, including relays.

(NFHS 4-1-2) Athletes may scratch an individual event to compete in a relay.

Relay Entries: (NFHS 4-2-4d) Each team may have one (1) relay entry per event.

Note: To expedite the scratch/add process, each school shall have relay team entered in each event. They will all be set on one heat initially. Heats will be formed as needed at the bullpen by the clerk-of-the-course.

Recommendation: *Enter each athlete into four individual events (4) and then scratch where needed to fill the relays.*

SANCTION (AIA Bylaws 11.4.3):

The meet(s) has been sanctioned by, and is under the authority of, the Arizona Interscholastic Association, Inc. The meet(s) has been sanctioned by Colorado and New Mexico.

RULES (AIA Bylaws 21.1.1):

Official rules for the meet shall be those published in the current addition of the NFHS rule book, case book, officials' manual.

NOTE: Coaches are responsible for the knowledge of all NFHS rules. We strongly encourage that coaches go through a rule clinic, either with their state association or on-line at www.nfhs.org.

UNIFORMS:

NFHS 2010 Rules Book

ONLINE ENTRIES (NFHS rule 3-2-2)

Initial entries are due online at www.directathletics.com prior to the stipulated deadline.

The stipulated deadline shall be Thursday, March 18, 2010 @ 12:00 noon MST.

Direct Athletics

CONTACT INFORMATION:

Direct Athletics, Inc
P.O Box 1151
Boston, MA 02134

Sales, Pricing & General Information: info@directathletics.com

Customer Service: support@directathletics.com

Phone: (617) 879-1797

Fax: (617) 879-1788

1. All Arizona schools (as well as New Mexico and Colorado) should have accounts. All of the schools that were initially invited have had accounts. **Thus, if you don't have your USERNAME and PASSWORD information – you need to contact DirectAthletics as soon as possible to get your logon information.**
2. Most meets that use the website will use "invitational" method for registration. That means if the meet isn't on your schedule when you logon to the website, you need to contact the meet director to get invited. There is a help file on the website if you need assistance. Or, feel free to contact Greg Wayne(928) 697-8572 – home phone, (928) 697-2181 – alternative school office.
3. Almost all schools now have just one account. To make sure you are using the correct account, it should be the same account used for the state meet (Arizona schools). Thus, if you log-on and you aren't invited to the state meet, you may be in the wrong account. Contact the meet director to see if the meet director has your school "invited" to the state meet.
4. For Arizona schools, if your season performance marks aren't coming up on the performance list; contact the website to see if there isn't a broken link. The performance list is important since all outside qualifying marks must be first listed on the performance list.
5. Always e-mail your confirmations of entries to yourself and print it out. It helps to have that with you if a problem with entries comes up.
6. **The day before the meet, the meet program (heat and flight sheets) will be e-mailed to each school. This is what coaches should use to make line-up changes from.**

No adds will be permitted. However, athletes may sub-in for teammates.

MAKING CHANGES THE DAY OF THE MEET:

Since all of the heats and field event sheets have been printed out, as well as the pull tags for those competing in the track events, we make all changes at the bull pen (track events) and with the head judge (field events.)

It is imperative that athletes run in their assignment heats and lane, as well as wear the correct number (left hip) and pull tag (sticker).

REMINDR: *No adds*

If the number of scratches dictate, the number of heats will be contracted and the heats shall be reseeded accordingly.. This is especially true of the relays.