



Arizona Interscholastic Association, Inc.

2010 AIA State Track & Field

TOURNAMENT GUIDE

Schedule, Rules, Regulations, Instructions

AIA State Tournament Coordinator

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Table of Contents
2010 AIA State Track & Field Tournament Guide

Topic	Page Number(s)
Member Schools Participating in Track & Field (1A/2A/3A)	3
Member Schools Participating in Track & Field (4A/5A)	4
Rules	5
General Instructions	5
Admission Fees	6
Region Meet Result Reporting	6
• 1A – Region Results	6
• 2A – Region Results	6
• 3A – Region Results	6
• 4A – Region Results	7
• 5A – Region Results	7
Programs and Souvenirs	8
Games Committee	8
Championship Schedule of Events	9 - 11
• 1A, 2A & 3A Championship Schedule of Events	9
• 4A & 5A Championship Schedule of Events	10 - 11



Member Schools Participating in Track & Field
2010 AIA State Track & Field Tournament Guide

1A Conference

East

Bowie/ San Simon
Cibecue
Clifton
Duncan
Gilbert Classical
Gilbert Christian
Salt River
Superior
Fort Thomas
Veritas Prep

North

Ash Fork
Beaver Dam
Fredonia
Grand Canyon
Joseph City
Mogollon
Northland Prep
Rock Point
Seligman
Shonto Prep
St. Michael
White Cone

South

Academy of Tucson
Ajo
ASDB
Gila Bend
Green Fields
Immaculate Heart
Patagonia
St Augustine
St. David
St. Gregory
Tanque Verde
Tohono O'odham
Valley Union

West

Bagdad
Joy Christian
Mayer
PDSB
Salome
San Pasqual
St. Paul's
The Orme School
Vally Lutheran
Verde Valley
Veritas Prep

2A Conference

East

Benson
Bisbee
Desert Christian
Morenci
Pima
Thatcher
Tombstone
Willcox

West

Arizona Lutheran
Bourgade Catholic
Phoenix Christian
Precision
Tonopah Valley
Westwind Prep
Yuma Catholic

North

Greyhills
Hopi
Many Farms
Pinon
Red Mesa
Rough Rock
St. Johns
Valley (Sanders)
Williams

South

Baboquivari
Canyon State
Hayden
Miami
Pusch Ridge
Ray
San Carlos
San Manuel
San Miguel
Tonopah Valley

Central

Camp Verde
Horizon Honors
North Pointe Prep
NW Christian
Phoenix country Day
Scottsdale Christian
Tempe Prep
Valley Christian

3A Conference

East

Alchesay
Blue Ridge
Payson
Round Valley
Show Low
Snowflake

North

Chinle
Ganado
Holbrook
Monument Valley
Tuba City
Window Rock
Winslow

South

Coolidge
Empire
Florence
Fountain Hills
Globe
Maricopa
Safford
San Tan Foothills
Santa Cruz

West

Chino Valley
Estrella Foothills
Parker
River Valley
Sedona Red Rock
South Pointe
Wickenburg



Member Schools Participating in Track & Field
2010 AIA State Track & Field Tournament Guide

4A Conference

Division I

Desert Sky

Apache Junction
 Cactus Shadows
 Campo Verde
 Combs
 McClintock
 Poston Butte
 Saguaro

Kino

Cienega
 Desert View
 Marana
 Nogales
 Sahuaro

Sonoran

Canyon del Oro
 Catalina Foothills
 Flowing Wells
 Pueblo
 Sabino
 Vista Grande

Western Sky

Apollo
 Glendale
 Independence
 Moon Valley
 Prescott
 Sunnyslope

West Valley

Agua Fria
 Bradshaw Mountain
 Copper Canyon
 Dysart
 Peoria
 Raymond Kellis
 Sunrise Mountain

4A Conference

Division II

Black Canyon

Cactus
 Cortez
 Glendale
 Greenway
 Paradise Valley
 Thunderbird
 Washington

East Sky

Arcadia
 Coronado
 Higley
 Maricopa
 Notre Dame
 Seton Catholic
 Tempe
 Williams Field

Gila

Amphitheater
 Catalina
 Cholla
 Douglas
 Palo Verde
 Rio Rico
 Sahuarita
 Santa Rita

Grand Canyon

Coconino
 Flagstaff
 Mingus
 Mohave
 Page
 Sinagua

Skyline

Buckeye
 Desert Edge
 Liberty
 Shadow Mountain
 Sierra Linda
 Verrado
 Youngker

5A Conference

Central

Basha I
 Corona del Sol I
 Dobson I
 Gilbert I
 Highland I
 Mesquite I
 Mtn. View(Mesa) I

Desert Valley

Chaparral II
 Desert Mountain II
 Horizon II
 North Canyon I
 Pinnacle II
 St. Marys I

Desert West

Centennial II
 Cesar Chavez I
 Ironwood II
 La Joya II
 Millennium II
 Tolleson II
 Westview II

East Valley

Casa Grande I
 Desert Ridge I
 Marcos De Niza II
 Mountain Pointe I
 Perry II
 Skyline I
 Westwood I

Fiesta

Brophy I
 Chandler I
 Desert Vista I
 Hamilton I
 Mesa I
 Red Mountain I

Gila Valley

Cibola II
 Gila Ridge II
 Kofa I
 Lake Havasu II
 San Luis II
 Yuma II

5A Conference

Metro

Alhambra I
 Betty Fairfax II
 Camelback II
 Carl Hayden II
 Central II
 Maryvale I
 North I
 South Mountain I
 Trevor Browne I

Northwest

Barry Goldwater II
 Boulder Creek II
 Deer Valley II
 Kingman II
 Mountain Ridge I
 O'Connor II
 Valley Vista II
 Willow Canyon I

Southern

Buena I
 Ironwood Ridge II
 Mt. View (Marana) II
 Rincon II
 Salpointe I
 Sunnyside II
 Tucson I



RULES

Rules shall be those of the current National Federation Track and Field Rule Book with exceptions noted in the AIA Constitution and Bylaws and these tournament instructions.

GENERAL INFORMATION

- Coaches will remain in the stands; under no circumstances should coaches come onto the field.
- Participants will be assigned designated areas at each site and shall remain in those areas. Participants should not be on the field unless participating.
- Sportsmanship Rule will be in effect and is in continuation from regular season and Region Tournament play. (Refer to the AIA Constitution and Bylaws, Article 16, Section 3)
- Field Event Contestants shall report promptly to the event judge at the designated location when the event is called. A contestant shall be charged with an unsuccessful attempt if he/she does not complete the trial or indicate his/her passing it within one and one-half minutes of pole vault (one minute in L.J., T.J., H.J., Shot Put and Discus) after he/she has been called for a trial, unless he/she has been excused by the event judge to participate in another event.
- Starting blocks will be provided at all resolute tracks.
- **All pole vaulters will be weighed.**
- **Pole vault poles will not be allowed to be used unless an appropriate weight label is on that pole per National Federation rules.**
- ***1A/2A/3A/4A/5A - 34.92° sectors will be used in shot put and discus at all sites.***
- Individual meet directors will determine the procedure used in the long and triple jump.
- Spikes must be 1/8 to 1/4 inch in length; long spikes are unacceptable.
- ***Throwing implements (shot/discus) will be provided for 4A/5A schools only - 1A, 2A, 3A schools will provide their own. No school or personal implements will be permitted during competition for 4A/5A schools.*** (Should a competitor have a special, high tech discus, not merely a personal favorite, that discus can be given to the Head Field Judge no later than two (2) hours prior to the scheduled competition to be weighed, measured and certified. It will then be kept by the Head Field Judge, placed on the rack of implements to be used in competition, and be available for use by all competitors.)
- A Region Meet is a Championship Meet. All ties will be eliminated in accordance with the manner designated in the National Federation Track Rule Book. If a tie still exists, the remaining ties will advance.
- Neither the AIA nor the host site shall be responsible for lost or stolen articles.
- Any coach or competitor using tobacco, alcoholic beverages, or misusing drugs at the tournament site during athletic contests sponsored by AIA shall be disqualified from the contest. (Refer to the AIA Constitution and Bylaws, Article 14, Section 14.13)
- Locker room facilities will not be available.



2010 ADMISSION PRICE

Adults - TBD

Students – TBD Elementary thru High School

FREE ADMISSION

Children five or under

Teams (in uniform) entering with their District's School Board Approved Coach(es)

All tournament workers

Media with proper credentials

AIA Lifetime Pass Holder and One Guest

AIA Complimentary Pass and One Guest

Current Registered Track & Field Official and One Guest

Photo ID required for AIA Pass Holder and all AIA Complimentary Passes

REGION MEET RESULT REPORTING

1A, 2A & 3A – REGION RESULTS

All 1A, 2A & 3A region meets shall use HyTek Meet Management software, have their entries submitted online via www.directathletics.com and export their results back to the website by 4:00 p.m. on Sunday, May 9, 2010. All region meets are considered outside qualification meets and must be conducted accordingly. Region meet directors should also e-mail their results to gwayne@kayenta.k12.az.us and gwayne@hughes.net as well.

- Coaches are responsible for submitting their qualified entries (either outside qualifiers or region meet qualifiers) online at www.directathletics.com no later than Tuesday, May 11, 2010, at 12:00 noon. Each athlete may be entered in four individual events, and athletes may compete in four events including relays per NFHS rules.
- Heat and flight sheets will be emailed to all schools on Wednesday, May 12, 2010 and it will be posted on the A.I.A. website.



4A - REGION RESULTS

The 4A Region Meet Directors must email a HyTek backup of the region meet by 10:00 a.m. Saturday, May 8, 2010 to Fred Clare fclare@qcusd.org . Phone 480-987-5973 ext. 5551

Please submit the following:

- First and last name (*check spelling*), student year in school and high school name for all region finals qualifiers.
- Region meet/state qualifying time or distance of all region finals qualifiers, not just first place.
- School that won the region tournament, both boys and girls.
- **Fax copy of region results to 480-882-1276**

Heat sheets and seeding will be posted on the AIA website by 4:00 p.m. Monday, May 10, 2010.

Any Questions regarding the 4A/5A Division I or Division II State Meet should be directed to:

- Dave Shapiro, Chandler High School
- Phone 480-812-7737; E-Mail: Shapiro.dave@chandler.k12.az.us

5A - REGION RESULTS

All 5A Region Tournament Directors must report results via email by 10:00 a.m. on Saturday, May 8, 2010 to Crannie Hysong, @ cran@msn.com . Phone # 623-877-3688.

Please submit the following:

- First and last name (*check spelling*), student year in school and high school name for all region finals qualifiers.
- Region meet/state qualifying time or distance of all region finals qualifiers, not just first place.
- School that won the region tournament, both boys and girls.
- **Fax copy of region results to 480-224-9265**
- The **Outside Qualifier Sheet** is available on the Athletics (Tournament Guide) section of the AIA website at:

http://www.aiaonline.org/athletics/tournament_guides.php

Heat sheets and seeding will be posted on the AIA website by 4:00 p.m. Monday, May 10, 2010.

Any Questions regarding the 4A/5A Division I or Division II State Meet should be directed to:

- Dave Shapiro, Chandler High School
- Phone 480-812-7737; E-Mail: Shapiro.dave@chandler.k12.az.us



PROGRAMS AND SOUVENIRS

Kukulski Brothers is the official supplier for AIA Programs and Souvenirs. *Sale or distribution of AIA State Tournament related game programs, t-shirts or any other souvenirs by any individual or company other than the Kukulski Brothers at any AIA State Tournament playoff site or game is prohibited.*

Playoff programs, t-shirts, caps, etc. will be available at as many sites as possible.

Please call David Kukulski or Dan Kukulski at (480) 921-1975 if you have any questions regarding AIA Team Pictures, Team Rosters, Programs, Souvenirs or Digital Photography.

GAMES COMMITTEE

1A Conference

Jury of Appeals	Mike Elder	Northland Prep
Jury of Appeals	Jacinta McMahon	Academy of Tucson
Jury of Appeals	Bryon Maynes	Salome
Jury of Appeals	Patrick Nduwimana	St. David

2A Conference

Jury of Appeals	Ralph Farr	Yuma Catholic
Jury of Appeals	Al Nelson	Valley Christian
Jury of Appeals	Linda Lamb	Benson
Jury of Appeals	Al Trejo	San Manuel

3A Conference

Jury of Appeals	Chris Davis	Fountain Hills
Jury of Appeals	Tom Pifer	Round Valley
Jury of Appeals	Sophia Parrish	Monument Valley
Jury of Appeals	Sal Hernandez	Winslow

4A Conference

Meet Director:	Dave Shapiro	Chandler High School
Meet Referee	TBD	TBD
Committee Member	Fred Clare	Queen Creek High School

5A Conference

Meet Director:	Dave Shapiro	Chandler High School
Meet Referee	TBD	TBD
Committee Member	Robbie Robinson	Mountain View High School

Games Committee Duties/Responsibilities

- Members of the committee should be available throughout the contest for assistance to the director.
- The Games Committee, upon the request of the Meet Director, shall consider and take appropriate action on any protest of the tournament operation.
- The decision of the Meet Director and/or Games Committee shall be final.



1A, 2A & 3A Championship Schedule of Events

2010 AIA State Track & Field Tournament Guide

Joe Selleh Track at Sun Angel Stadium ~ Arizona State University ~ Tempe, Arizona

Meet Director: Greg Wayne, Monument Valley High School (928-697-2181)

Site Director: Jay Reichenberger, Canyon State Academy (480-987-2042)

Friday May 14, 2010

11:00 a.m. Gates Open

SESSION ONE: 12:30 p.m.

Field Events (Prelims & Finals)

11:30 am—Weigh-ins

1A Boys Shot Put, 1A Girls Discus

2A Boys Long Jump, 2A Girls High Jump

3A Boys Pole vault, 3A Girls Triple Jump

3:30 pm—Awards

Track Events—Prelims

Prelims—High Hurdles (1A, 2A, 3A Girls)

Prelims—100m Dash (1A, 2A, 3A Boys)

Prelims—400m Dash (1A, 2A, 3A Boys)

Prelims—300m Hurdles (1A, 2A, 3A Boys)

Prelims—200m Dash (1A, 2A, 3A Girls)

SESSION TWO: 4:00 p.m.

Field Events (Prelims & Finals)

3:00 pm—Weigh-ins

1A Boys Long Jump, 1A Girls Triple Jump

2A Boys Pole Vault, 2A Girls Discus

3A Boys Shot Put, 3A Girls High Jump

7:00 pm—Awards

Track Events—Finals

Finals—4 X 800m Relay (1A, 2A, 3A Boys)

Finals—High Hurdles (1A, 2A, 3A Girls)

Finals—100m Dash (1A, 2A, 3A Boys)

Finals—1600m Run (1A, 2A, 3A Girls)

Finals—4 X 100m Relay (1A, 2A, 3A Girls)

Finals—400m Dash (1A, 2A, 3A Boys)

SESSION THREE: 7:30 p.m.

Field Events (Prelims & Finals)

6:30 pm—Weigh-ins

1A Boys Pole Vault, 1A Girls High Jump

2A Boys Shot Put, 2A Girls Triple Jump

3A Boys Long Jump, 3A Girls Discus

10:00 pm—Awards

Track Events—Finals

Finals—300m Hurdles (1A, 2A, 3A Boys)

Finals—800m Run (1A, 2A, 3A Girls)

Finals—200m Dash (1A, 2A, 3A Girls)

Finals—3200m Run (1A, 2A, 3A Boys)

Finals—800m Sprint Medley Relay (1A Girls)

Finals—4 X 400m Relay (2A, 3A Girls)

Saturday May 15, 2010

11:00 a.m. Gates Open

SESSION ONE: 12:30 p.m.

Field Events (Prelims & Finals)

11:30 am—Weigh-ins

1A Girls Shot Put, 1A Boys Discus

2A Girls Long Jump, 2A Boys High Jump

3A Girls Pole Vault, 3A Boys Triple Jump

3:30 pm—Awards

Track Events—Prelims

Prelims—High Hurdles (1A, 2A, 3A Boys)

Prelims—100m Dash (1A, 2A, 3A Girls)

Prelims—400m Dash (1A, 2A, 3A Girls)

Prelims—300m Hurdles (1A, 2A, 3A Girls)

Prelims—200m Dash (1A, 2A, 3A Boys)

SESSION TWO: 4:00 p.m.

Field Events (Prelims & Finals)

3:00 pm—Weigh-ins

1A Girls Long Jump, 1A Boys Triple Jump

2A Girls Pole Vault, 2A Boys Discus

3A Girls Shot Put, 3A Boys High Jump

7:00 pm—Awards

Track Events—Finals

Finals—4 X 800m Relay (1A, 2A, 3A Girls)

Finals—High Hurdles (1A, 2A, 3A Boys)

Finals—100m Dash (1A, 2A, 3A Girls)

Finals—1600m Run (1A, 2A, 3A Boys)

Finals—4 X 100m Relay (1A, 2A, 3A Boys)

Finals—400m Dash (1A, 2A, 3A Girls)

SESSION THREE: 7:30 p.m.

Field Events (Prelims & Finals)

6:30 pm—Weigh-ins

1A Girls Pole Vault, 1A Boys High Jump

2A Girls Shot Put, 2A Boys Triple Jump

3A Girls Long Jump, 3A Boys Discus

10:00 pm—Awards

Track Events—Finals

Finals—300m Hurdles (1A, 2A, 3A Girls)

Finals—800m Run (1A, 2A, 3A Boys)

Finals—200m Dash (1A, 2A, 3A Boys)

Finals—3200m Run (1A, 2A, 3A Girls)

Finals—4 X 400m Relay (1A, 2A, 3A Boys)



4A & 5A Championship Schedule of Events

2010 AIA State Track & Field Tournament Guide

Site: Mesa Community College; 1833 W. Southern Ave. Mesa, Az 85202

Meet Director: Dave Shapiro, Chandler High School; 480-812-7700

Site Director: Thad Gates, Westwood High School; 480-472-4402

Wednesday, May 12, 2010; 5A Division I&II

12:30 p.m. Facility Open to Teams
1:30 p.m. Pole Vault - 5AIIIG/5AIG/5AIIB
2:00 p.m. Coaches Meeting

Long Jump - 5AIG/5AIIG
Triple Jump - 5AIB/5AIIB
High Jump - 5AIIIG/5AIG
Shot Put - 5AIB/5AIIB
Discus - 5AIIB/5AIB

Friday, May 14, 2010; 4A Division I&II

12:30 p.m. Facility Open to Teams
1:30 p.m. Pole Vault - 4AIIIG/4AIG/4AI
2:00 p.m. Coaches Meeting

Long Jump - 4AIIB/4AIB
Triple Jump - 4AIIIG/4AIG
High Jump - 4AIB/4AIIB
Shot Put - 4AIG/4AIIIG
Discus - 4AIIIG/4AIG

Wednesday, May 12, 2010; 5A Division I&II

3:00 p.m. **Track Events**
Prelim High Hurdles Girls
Prelim High Hurdles Boys
Prelim 100m Dash Girls
Prelim 100m Dash Boys
Finals 4X800 Relay Girls
Finals 1600m Run Boys
Finals 4X100 Relay(Timed) Boys
Prelim 400m Dash Girls
Prelim 400m Dash Boys
Prelim 300m Hurdles Girls
Prelim 300m Hurdles Boys
Finals 800m Run Boys
Prelim 200m Dash Girls
Prelim 200m Dash Boys
Finals 3200m Run Girls
Finals 4X400 Relay(Timed) Girls

**Note: Rolling Time Schedule
Schedule**

Friday, May 14, 2010; 4A Division I&II

3:00 p.m. **Track Events**
Prelim High Hurdles Girls
Prelim High Hurdles Boys
Prelim 100m Dash Girls
Prelim 100m Dash Boys
Finals 4X800 Relay Boys
Finals 1600m Run Girls
Finals 4X100 Relay(Timed) Girls
Prelim 400m Dash Girls
Prelim 400m Dash Boys
Prelim 300m Hurdles Girls
Prelim 300m Hurdles Boys
Finals 800m Run Girls
Prelim 200m Dash Girls
Prelim 200m Dash Boys
Finals 3200m Run Boys
Finals 4X400 Relay(Timed) Boys

Note: Rolling Time



4A & 5A Championship Schedule of Events

2010 AIA State Track & Field Tournament Guide

Site: Mesa Community College; 1833 W. Southern Ave. Mesa, AZ 85202

Meet Director: Dave Shapiro, Chandler High School; 480-812-7700

Site Director: Thad Gates, Westwood High School; 480-472-4402

Saturday, May 15, 2010; 4A/5A Division I&II

12:00 p.m. Facility Open to Teams

1:00 p.m. Long Jump – 4AIIIG/4AIG/5AIIIB/5AIB
Triple Jump – 5AIIIG/5AIG/4AIIIB/4AIB
High Jump – 4AIG/4AIIIG/5AIB/5AIIIB
Shot Put - 5AIIIG/5AIG/4AIIIB/4AIB
Discus – 4AIIIB/4AIB/5AIIIG/5AI

1:30 **Coaches Meeting**

2:30 Pole Vault – 4AIB/5AIB

Saturday, May 15, 2010; 4A/5A Division I&II

3:00 p.m. **Track Events** **Girls/Boys** **4AII/4AI/5AII/5AI**

Finals	High Hurdles	
Finals	100m Dash	
Finals	4X800 Relay	4AIIIG/4AIG/5AIIIB/5AIB
Finals	1600m Run	5AIIIG/5AIG/4AIIIB/4AIB
Finals	4X100 Relay (Timed)	5AIIIG/5AIG/4AIIIB/4AIB
Finals	400m Dash	
Finals	300 Hurdles	
Finals	800m Run	5AIIIG/5AIG/4AIIIB/4AIB
Finals	200m Dash	
Finals	3200m Run	4AIIIG/4AIG/5AIIIB/5AIB
Finals	4X400 Relay (Timed)	4AIIIG/4AIG/5AIIIB/5AIB

Note: Rolling Time Schedule

