

9th Annual Rattler Co-ed Invitational

In Memory of Valerie McGregor
October 2nd, 2010 (Arthur Pack Preserve)

TO: Cross Country Coaches
FROM: Adam Vargas, Mountain View; Dennis Hansen, Meet Director
DATE: August 10, 2009
Entry Fee: \$150.00 per school
Awards: Team co-ed Trophy, Trophies to best #6 runners, medals to top 20 finishers in varsity races and top 15 non-varsity finishers

Coaches,

We hope you've had an enjoyable experience in the past. It should continue to grow and become one of the more exciting meets that the athletes have the opportunity in which to run.

This year's meet is again dedicated to the memory of Valerie McGregor, one of our former athletes and a Cross Country State Champion who died in 2006. The scholarship fund that had been established in her name will have its 4th recipient in the spring of 2011. Since 2006, all proceeds from our t-shirt sales have gone toward this effort. And since its inaugural year, we have raised more than \$7,000 from the sales and hope to contribute more this year. We ask again that you encourage your athletes to help us with this cause if they are financially able to do so. In addition, we will also be accepting donations at the concession stand to go toward the scholarship fund. Please have your athletes let their parents/supporters know.

We will follow the format of last year's meet, again flopping the Non-Varsity to follow the Varsity so that we will be able to input the varsity results in order to provide you with a printed copy before you leave. I will need your **entries (both Varsity AND JV) to be online by Tuesday, September 28.**

Time Schedule:

8:30 Varsity Boys
9:00 Varsity Girls
9:30 Open Boys
10:00ish Open Girls

Awards: This is combined gender scoring and a trophy will be presented for a team championship. The best #6 runner in each of the varsity races will also receive an award.

Please enter your athletes on www.athletic.net, a site most of you are already familiar with (and the expected site to register your athletes for the Sectional meet as well).

Parking: Busses can drop off athletes in front of Tortolita Middle School. Busses can park in the Tortolita parking lot.

Please remind your athletes that Meet T-shirts are again provided by American Graphics and Please contact me immediately if you have any concerns. Adam Vargas can be reached at 245-3648 or adamvargas@comcast.net and Dennis can be reached at 471-2272 or xcdennishansen@aol.com

For insight into the foundation, please go to www.InValsMemory.org

Thanks,
Adam and Dennis