

**Kiwanis Track Invitational  
Friday March 30<sup>th</sup>, 2012  
Vista Grande High School**

**Running Preliminaries**

**Start: 11:30 am**

Girls 110 High Hurdles  
Boys 100 High Hurdles  
Girls 100 M Dash  
Boys 100 M Dash  
Girls 4 x 800 M Relay\*\*  
Boys 4 x 800 M Relay\*\*  
Girls 400 M Dash  
Boys 400 M Dash  
Girls 300 M Low Hurdles  
Boys 300 M Intermediate Hurdles  
Girls 200 M Dash  
Boys 200 M Dash  
Girls 3200 M Run (1<sup>st</sup> Section)\*\*\*  
Boys 3200 M Run (1<sup>st</sup> Section)\*\*\*

**Running Finals**

**Start (approximately) 4:00**

Girls 110 H Hurdles  
Boys 100 H Hurdles  
Girls 100 M Dash  
Boys 100 M Dash  
Girls 1600 M Run\*\*  
Boys 1600 M Run\*\*  
Girls 4 x 100 M Relay  
Boys 4 x 100 M Relay  
Girls 400 M Dash  
Boys 400 M Dash  
Girls 300 M Low Hurdles  
Boys 300 M Intermediate Hurdles  
Girls 800 M Run\*\*  
Boys 800 M Run\*\*  
Girls 200 M Dash  
Boys 200 M Dash  
Girls 3200 M Run (2<sup>nd</sup> Section)\*\*\*  
Boys 3200 M Run (2<sup>nd</sup> Section)\*\*\*  
Girls 4 x 400 M Relay  
Boys 4 x 400 M Relay

\*\* 2 heats if necessary

\*\*\*both sections may be combined per number of runners

**Field Preliminaries and Finals**

**Start 10:00 am**

**1<sup>st</sup> Session**

**Preliminaries 10:00 –  
Finals Follow**

Girls High Jump  
Boys Discus (by flights)  
Girls Shot Put (by flights)  
Boys Pole Vault

**2<sup>nd</sup> Session**

**Preliminaries 1:00  
Finals Follow**

Girls Pole Vault  
Boys Shot Put (by flights)  
Girls Discus (by flights)  
Boys High Jump

**JUMPS LONG @ TRIPLE**

10:00 -11:30 Boys Triple Jump

11:30-12:00 Finals

12:00- 1:30 Girls Triple Jump

1:30- 2:00 Finals

2:00 – 3:30 Boys Long Jump

3:30 – 4:00 Finals

4:00- 5:30 Girls Long Jump

5:30- 6:00 Finals