

## TED JAMES Memorial Track Invitational

Dear Coach:

We are extremely proud to host the 81<sup>st</sup> Ted James Douglas Track Invitational.

### WHEN:

Saturday, March 3rd, 2012. The coaches meeting will be from 8:30-9:00 **there will be no corrections**. Please, see the attached tentative schedule for more details. We will reseed those heats as needed.

### WHERE:

Douglas High School track and field stadium. Our facilities include an eight-lane all-weather track with nine lanes on the homestretch. There are bathrooms and limited dressing areas at the track.

### FEES:

An entry fee of \$300.00 per school (boys' and girls' teams) will be assessed to help defray the cost of awards.

### AWARDS:

Awards will include individual medals for the top six places but we will score up to eighth place, trophies for the individual relay champions, meet champions and runner-ups. We will also present plaques for the Outstanding Athlete for both the track events and field events, female and male.

### ENTRIES:

You are limited to four individuals per event. **Due to the large number of entries in the 3200m, 1600m and the 800m we will limit the number to three.** Entries will be made through Direct Athletics. More information will be sent. **There will be no corrections on the day of the meet. All entries are final.** You may make entries, additions and scratches on Direct Athletics until **10:00 pm on Thursday, March 1st, 2012.**  
**NO EXCEPTIONS!**

**All races will be run as finals. Winners will be determined by fastest times. The last heats will be the fastest heats. Please turn in those times and distances that were run on Feb. 29<sup>th</sup>. This will insure that all entries are correct. Four throws in the throwing events and four jumps in the horizontal jumps with no finals**

### STARTING HEIGHTS:

The girls' high jump will begin at 4'2" and the boys at 5'2". The long jump and triple jump competitions will be conducted as open pit with an hour and half time limit. The boys' pole vault will begin at 8'0" and the girl's pole vault will begin at 5'0".

In high hurdles 9 finalists, the 100 9 finalists, and the 200 there will be eight individuals qualify to finals. The 400, low hurdles, and intermediate hurdles will be run as finals only with the best eight times placing. Individuals will qualify by place and then by time, determined by the number of heats.

In the discus and shot put, the first throw will be measured. After that the athletes need to meet the set mark. For the boy's discus, the mark will be 80' and the shot will be 30'. For the girl's discus, the mark will be 50' and the shot will be 20'.

### WHAT TO BRING:

You will need to provide your batons, vaulting poles, measuring tapes, and towels. Your athletes may use their own implements as we will weigh their implements. The weigh-ins will be at the new throws venue located behind the gymnasium which is east of the track at 9:00.

### ADMISSION:

There will be a \$4.00 admission fee charged for all non-team members. Each team is allowed two managers. A.I.A. passes will be honored. The admission price is good for preliminaries and the finals.

### CONCESSION:

There will be a concession stand at the meet site for your convenience.

There will be a t-shirt stand with shirts ranging from \$14.00 to \$20.00 for your convenience.

### OTHER INFORMATION:

A practice and stretching area will be provided.

A trainer will be available throughout the meet.

For further information, or questions, do not hesitate to contact any of the following coaches:

Ron Ellsworth: 364-3462 (school), 234-4078 (cell)

Donna Savill: 364-3462 (school) 520-227-1172 (cell)

# TED JAMES DOUGLAS TRACK INVITATIONAL

---

## Meet Schedule:

8:30A.M. Coaches and Officials Meeting

9:30 4x800R	Girls	Boys	9:30 Boys and Girls P.V.
100HH	Girls		High Jump Girls
110HH	Boys		Long Jump Boys*
100M	Girls	Boys	Triple Jump Girls*
1600M	Girls		Shot Put Girls*
1600M	Boys		Discus Boys*
4x100R	Girls	Boys	*All competitors will be given 4 trials. No finals
400M	Girls	Boys	

Break (One hour for lunch)

## Afternoon Session

300LH	Girls		High Jump Boys
300IH	Boys		Long Jump Girls*
800M	Girls	Boys	Triple Jump Boys*
200M	Girls	Boys	Shot Put Boys*
3200M	Girls	Boys	Discus Girls*
4x400R	Girls	Boys	*All competitors will be given 4 trials. No finals